

# Mastering Leadership

Anette Wildar takes notes...



Last month I was invited to a leadership training course held by Bristol based company TEN. At first I hesitated and wondered why I should go... I am not really the networking type plus I find it hard to take time-out from my day-to-day job of meeting deadline after deadline!

But after careful consideration and telling myself that the deadlines could wait one day, I made the decision to go and at least see what it would be like - after all, it's no good getting so consumed with the urgent jobs at hand that you don't allow time for improving your business in the long run. Plus the course was being held in the director's hall at Cinema de Lux which is practically my second home. So off I went, nice and early and the first one to arrive and help myself to the delicious muffin, tea and coffee buffet!

During the day I met some really interesting people, from all types of businesses and industries and in the end the experience I had turned out to be so positive that I wanted to share it with you. Whether you are running a business/team or not this course was useful on so many levels. I think most people in a working environment would benefit from it. It included everything from time management, goal setting and managing your own work to tips and examples of how to lead and manage others.

The speaker, William Montgomery, founder of TEN is a renowned leadership consultant. As a former naval officer and business executive he has abundant experience in leading people and he delivered very practical messages on how to best adapt your approach to leading your team to success.

## The ten topics covered were:

- Learning to lead
- Thinking strategically
- Being creative
- Setting goals
- Understanding time
- Emotional intelligence
- Motivation techniques
- Influencing skills
- Effective communication
- Being fit to lead



William Montgomery and the TEN team



Karen Talbot, Nick Tidball & Nicky Toms  
(all from Lloyds TSB)



Jeremy Hurst (Slightly Different) & Michael Storey (WhypeWebdesign)



## THE NEXT COURSE IS:

Mastering Leadership featuring Creativity

**Date:** 11 March 2010

**Time:** 10:00 until 16:00

**Where:** The Director's Lounge in the Cinema de Lux at Cabot Circus, Bristol.

**Cost:** £150 plus VAT

To book a space on the course call 0117 929 8537 or email [info@askten.co.uk](mailto:info@askten.co.uk).